

THE NON-PROFIT COUNSELLING CLINIC (EST. 1973) IS OFFERING A:

Parenting Workshop

Nurturing Capable, Co-operative, and Contributing Children



Learn, explore, and share in a supportive and relaxed atmosphere!

You will:

- ✓ Discover practical parenting strategies and tools
- ✓ Develop effective parenting patterns to reduce family conflict
- ✓ Learn why the 'good parent' and the 'good child' are myths
- ✓ Understand the purpose of behaviours such as temper tantrums and defiance
- ✓ Learn how to encourage children to take responsibility, feel capable, and be respectful

Description:

An 8 week parenting group based on the '**STEP**' (Systematic Training in Effective Parenting) method

Dates and time:

April 6th, 13th, 20th, 27th

May 4th, 11th, 18th, 25th

Wednesdays, 6:45pm – 8:30pm

Cost*:

Individual \$200, Couples \$250

**Financial support may be available, please enquire*



Venue:

The Adler Centre
440 - 2184 West Broadway, Vancouver,
BC, V6K 2E1 Between Arbutus and Yew

Contact The Adler Centre:

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