

Council of Parent Participation Preschools in BC

With Marlborough Elementary School Presents

Childhood Anxiety: What is it and What to do About it

with **Dr. Mandy Chen**

**Thursday,
March 3rd, 2016
7:00—9:00 pm
Marlborough
Elementary School
6060 Marlborough
Avenue**

In this workshop, Dr. Chen will review how childhood anxiety is conceptualized according to current research, how it tends to evolve across developmental stages, and what parents can do to support their children when signs of anxiety are noticed.

Dr. Mandy Chen is a registered clinical psychologist with more than ten years of experience working with families of children and youth. Currently, she works at BC Children's Hospital, and at LEAP Clinic, where she sees primarily children and youth with anxiety and behavioral problems.

Open to the Public – Single Tickets at the door—\$10.00

ECE Professional Development certificates - \$15.00

CPPPBC Member Preschools: Block Tickets at \$90.00 or \$110.00

Tickets: Council of Parent Participation Preschools in BC (604)435-4430 or cppadmin@telus.net

www.cpppreschools.bc.ca